# **GROVELANDS MEDICAL CENTRE**

# WINTER NEWSLETTER

### December 2024

### Info



After many years of dedication to Grovelands Medical Centre, Dr Escamilla retired at the end of October 2024, his patients have been advised of their new GP. We wish him a long and happy retirement.

### **Rapid Health**



As part of improving access for patients, Rapid Health was launched in August. As a result of this, there has been an increase in appointment availability and also a reduction in calls coming in. Over the festive period, there will be no new routine appointments available due to capacity and demand. These will resume back to normal in the new year, January 2025. Please note, we will shortly be sending out a survey for patients to complete on Rapid Health.

# **Blood test Appointments**



As of 1st December 2024, we have reduced the amount of blood test appointments we offer. Blood tests will only be available between 08:00-10:00AM Mon-Fri, except Thurs, which will be 07:30-10:00AM. For more info and where to book externally, please visit our website: <u>Grovelands Medical Centre</u> and then click on red News banner where you will see 'Blood Tests' mentioned.

### Awareness weeks



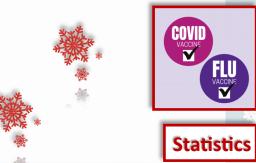


Staff dressed up in aid of Breast Cancer Awareness on 18th October and Children in Need on 15th November, raising donations from staff and patients for these good causes.

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# Covid & Flu Autumn Boosters

As part of the Covid and Flu Autumn Booster vaccination programme, we held 4 weekend clinics for eligible patients and additional clinics during the week. All were successful, and many compliments received, such as: "Very quick, very friendly". "An excellent service, well organised, thank you to everyone involved".



Over the last 3 months we have had 599 missed appointments. Average of 50 DNA (Did not Attend) / week. As a result, this equates to 99 hours which could have been allocated to patients who needed them.

**Upcoming Events** 

Dry January - For more info, please visit: Dry January<sup>®</sup> in your workplace | Alcohol Change UK

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**Patient Education** 

### **Smoking Cessation Clinics**

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As part of our stop smoking service to help patients, we have started a Smoking Cessation clinic which currently runs every Monday. Patients who are eligible, receive a self-book link text message to book their appointment at a time convenient for them. In order to book in, patients will have to click on the link sent to them, which will open in a internet browser, from which appointment times and dates will be visible to choose from. For patients who are eligible but do not have access to the internet, or do not have a smartphone/mobile, our receptionists will book them in manually.

In 2023/24, 53.8% of people using NHS Stop Smoking Services claimed to be successful in stopping.

Whether it's advice to cut down or stop smoking completely, our advisors will signpost you to the right resources and help you every step of the way to ensure you are able to stop smoking for good.

Quit >> smoking

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